

FEBRUARY 2025 CALL TO ACTION

Learn About Israel and Gaza

- Visit the [BBC News](#) and/or Reuters websites for a summary of the Israel-Gaza conflict.
- Visit [the American Friends Service Committee](#) (AFSC) website for a summary of what you need to know about the crisis in Gaza.
- [Read a book](#) to understand the Israel-Hamas War.
- Visit [Rowan University's Israel-Gaza Conflict Information and Resources Guide](#). (Online resources are free, but you must be affiliated with Rowan or Cooper Hospital to access the online library catalog for books and academic journals.)

Stay Informed on the Israel-Gaza Conflict from Reliable and Free News Sources

- For a regular and brief summary of the current conflict, listen to [The Daily](#) podcast from the New York Times on Apple Podcasts or another podcast app.
- Visit the [Reuters](#) website for regular news updates.
- Listen to NPR on the radio, WHY 90.9 FM, or [online](#) for regular news updates.
- Watch the PBS NewsHour and PBS NewsWeekend for regular updates. Later in the broadcasts, the programs often have in-depth coverage from Leila Molana-Allen who is on location in Israel and Gaza. The programs may be watched live on [WHYY](#) (channel 12) and both live and on demand on the [PBS app](#) and [YouTube](#).
- Listen to the [BBC World Service](#) online and/or watch the BBC Newshour live weekdays on [WHYY](#) (channel 12) for regular updates.

Meet for Worship with Attention to Gaza

Join an online meeting for worship through [AFSC](#) every Thursday at 5:30 p.m. ET.

Donate to High Profile Organizations Who Help Gaza

- [Doctors Without Borders](#)
- [UNRWA](#) (United Nations Relief and Works Agency)
- [UNICEF USA](#)
- [AFSC](#)

Advocate for a Cease-fire and Humanitarian Aid in Gaza

- Join Friends and peace advocates online every Friday at 12 p.m. ET for [AFSC's Action Hour](#) to share tools for sharing our peace testimony.
- Contact your congressional representatives. Visit [AFSC's](#) or [Friends Committee on National Legislation's \(FCNL\)](#) websites for tools on how to advocate for peacebuilding, humanitarian aid, and a permanent ceasefire in Gaza.
- Talk to people you know about the Israel-Gaza conflict using [AFSC's](#) [IGPs](#).

JANUARY 2025 CALL TO ACTION:

Migrants in the United States: How can we help

2025 brings with it a new presidential administration which has promised a much harsher climate for migrants in our country. It is time for us to take action to welcome and protect migrants in the United States.

Get Informed

- Resist the temptation to avoid the news. Find current and reliable information sources. If we are to be effective advocates for migrants, we need to know what's going on.
- The American Civil Liberties Union has been protecting our rights since 1920. Read [here](#) to see what they have to say about asylum seekers, deportation and due process, immigrant rights and detention, and ICE and border patrol abuses.
- What's happening in New Jersey? Find out about possible plans for increasing detention centers in our state [here](#).

Take Action

- The [National Immigration Law Center](#) offers opportunities for action including a day one response team and a way to sign up for updates to keep current on this issue.
- Become an effective resource for the people who are most at risk. Check out the [National Immigration Justice Center](#) to learn "5 things you can do now to protect yourself and your loved ones," then share what you learned with the people who need to know it.
- Accept the invitation from Friends Committee on National Legislation to "[tell Congress to invest in human migration solutions.](#)"
- Manasquan Quaker Meeting recently sponsored a Community Refugee Sponsorship Workshop. Learn more about refugee sponsorship opportunities at <https://welcomecorps.org>.
- Check out the American Friends Service Committee to "[act now for welcoming, dignified, and just immigration.](#)"

Many dedicated people are already working hard to support the migrants in our country. Let's join them in this important work.