

**MAY 2026**

**Action Alert: Pan African Sisterhood Health Initiative (PASHI) Moorestown**

**Every student in school every day.**

This month the Call to Action focusses on **PASHI Moorestown**, a working group of Moorestown Monthly Meeting, which is supported by Witness in the World. Working with the [Pan African Sisterhood Health Initiative \(P.A.S.H.I.\) Global](#), in Philadelphia, PASHI Moorestown makes reusable menstrual pads and carry pouches, which are donated primarily to Middle School students who do not have access to menstrual hygiene products. Without menstrual hygiene products, students cannot attend school one week a month and often do not complete their education.

PASHI sewists work every Wednesday from 10 am-3 pm in the Sewing Room of the Meeting House. All are welcome to join us. Producing these pads and pouches takes many hands. PASHI has partnered with the Bethel AME church in Moorestown and with the 8<sup>th</sup> grade at MFS. Quilters from a local quilting group donate fabric, cut fabric, and sew pouches.

Since 2019, PASHI has had over 112 distributions to over 25 countries, including Brazil, Jamaica, Cuba, Haiti, Ghana, Kenya, and the United States of America. Since Labor Day 2025, PASHI Moorestown has made 1,320 pads and 1,280 pouches (which hold the pads). Our products have been delivered to Ghana, Haiti, and Cuba.

You can support our work through our [Amazon Wish List](#) or through a [monetary donation](#).

**APRIL 2026**

**Action Alert: Make Every Day Earth Day**

Restoring our Earth is an enormous job but we can make a significant improvement with small daily changes in our behavior. The following ideas can help you get started. Don't wait for April 22, start living more sustainably today.

**REDUCE YOUR USE OF PLASTICS**

Most plastics are made from fossil fuel. Plastic will not bio-degrade but it does break down into tiny microplastics that are now contaminating our food, our water and are even found in our bodies. Recycling plastic is good. Not using it is even better. If living with less plastics seems impossible, remember how New Jersey eliminated single-use plastic bags and polystyrene food containers? We all got used to bringing reusable bags. Most of us are now using reusable water bottles instead of buying single use plastic ones. Here are three more easy ways to eliminate plastic.

**Reusable covers instead of plastic wrap.** Check out these [washable, cloth bowl covers](#) for your leftovers in your refrigerator. You will never have to buy plastic wrap again.

**Replace your laundry detergent bottles.** [Plant based laundry detergent sheets](#) come in a small recyclable and biodegradable cardboard box. No more plastic bottles.

**Replace your plastic shampoo bottles.** [Shampoo bars](#) work as well as liquid shampoo and come packaged in a recyclable and biodegradable cardboard box. There are many brands to choose from.

**EAT FOR A HEALTH PLANET**

**Eat more plant-based foods** – You can easily reduce your carbon footprint by reducing your meat consumption since the production of meat requires far more water and natural resources than plant-based food. High quality protein can be found in beans, lentils, peas, nuts and seeds as well as tofu. You don't have to go vegetarian but switching one or two meals a week to meatless is a healthy way to help the Earth.

**Reduce your food waste** – About 1/3 of all the food produced for human consumption gets wasted. Before they go bad, put those vegetables to good and delicious use in a stir-fry, salad, or add some oil and seasonings and roast them in a 400-degree oven, then puree them in a food processor with a little water and use as a pasta sauce. Ingredients that you opened to use just a little and have leftover can be frozen for later use. And when food is truly no longer usable [compost it!](#)

**LEARN MORE**

Check out [The Nature Conservancy](#) and [Natural Resources Defense Council](#) for valuable information and needed inspiration and if you can support their efforts.

**MARCH 2026 CALL TO ACTION:**

**Action Alert: Discerning FCNL Legislative Priorities for the 120<sup>th</sup> Congress**

Since 1943 the Friends Committee for National Legislation has been lobbying for Quaker values in our federal government. Every two years, we are asked to discern our priorities within the framework of [FCNL's statement of legislative policy: The World We Seek](#). FCNL's national lobbying is rooted in the discernment of Friends and is deeply spirit led.

The Witness in the World Committee invites you to join us for Moorestown Meeting's discernment of legislative priorities for the 120<sup>th</sup> Congress which will convene in January 2027.

On **March 1** at the rise of Meeting in both Moorestown and Mount Laurel Meetinghouses we will present "The World We Seek" and explain how you can offer your priorities.

On **March 15**, after hospitality, we will hold an in-person discernment session in the D'Olier room so that we can consider our priorities together.

On **March 28** members of the Witness in the World committee will meet to collate the input we have received from the Meeting and then consolidate that input into 5 priority statements that will be submitted to FCNL.

Priorities have real integrity because of you. Join us in this important process of speaking truth to power.

## **FEBRUARY 2026 CALL TO ACTION:**

### **Action Alert: Waging Nonviolence**

- Concerned about how the US is slipping into authoritarianism?

As Quakers, our peace testimony includes nonviolence:

“Our historic peace testimony is a living testimony, as we work to give concrete expression to our ideals, often in opposition to prevailing opinion. We recognize that the peace testimony requires us to honor that of God in every person.....” <https://www.pym.org/quakerism/quaker-testimonies>.

- How have Quakers expressed their opposition? And how do they resist while avoiding physical violence?

During the Civil Rights Movement of the 60’s and the Vietnam War, non-violent protests were used effectively by Quakers who became peace activists, often putting themselves in harm’s way. MLK used the words “militant nonviolence”.

<https://www.youtube.com/shorts/BDZZqkz092A>

Nowadays anti-democratic threats have resulted in massive street protests, acts of non-compliance, lawsuits, rallies, boycotts, heckling of and non-cooperation with ICE in cities.

- Did you know that [Waging Nonviolence.org](https://www.wagingnonviolence.org) was founded in 2009 by Bryan Farrell and Eric Stoner and that it contains a Global Nonviolent Action Database? Our own George Lakey, a Quaker sociology professor, added the concept of nonviolent revolution.

### **Take Action Now**

- Join Waging Nonviolence  
<https://wagingnonviolence.org/>  
<https://wagingnonviolence.org/2026/01/10-rules-of-resistance-for-iceout/>
- Want to protest? Go to <https://afsc.org/newsroom/how-stay-safer-protest>
- Donate to Minneapolis Mutual Aid Funds  
<https://linktr.ee/Mplsicewatch>
- Nonviolence International  
[https://www.nonviolenceinternational.net/resistance\\_to\\_presidential\\_take\\_over\\_of\\_us\\_government](https://www.nonviolenceinternational.net/resistance_to_presidential_take_over_of_us_government)

### **Related Reading**

- *Dancing with History – a life for peace and justice*, by George Lakey. [www.sevenstories.com](http://www.sevenstories.com)
- *Surviving the ICE Age – Children of Immigrants in New York* by Joanna Dreby.  
[www.russellsage.org](http://www.russellsage.org)
- *On Tyranny-Twenty Lessons from the Twentieth Century* by Timothy Snyder  
[www.timdugganbooks.com](http://www.timdugganbooks.com)
- The first two books are available at MMM. <http://www.moorestownfriendsmeeting.org/>
- Click on Library and Search catalogue.

**JANUARY 2026 CALL TO ACTION:  
Action Alert: Human Trafficking?**

**Overview**

- Human trafficking, also known as trafficking in persons, includes both forced labor and sex trafficking. It not only represents a threat to international peace and security but also undermines the rule of law, robs millions of their dignity and freedom, enriches transnational criminals and terrorists, and threatens public safety and national security everywhere.
- In 2024 there was estimated to be more than 27.6 million people — adults and children — subjected to human trafficking around the world, including in the United States.
- Traffickers often take advantage of instability caused by natural disasters, conflict, or a pandemic to exploit others.
- January is National Human Trafficking Prevention Month

(From <https://www.state.gov/national-human-trafficking-prevention-month/> )

**10 Ways you Can Act Now**

1. Learn the indicators of human trafficking on the TIP Office's [website](#) or by taking a training. Human trafficking awareness training is available for individuals, businesses, first responders, law enforcement, educators, and federal employees, among others.
2. If you are in the United States and believe someone may be a victim of human trafficking, call the 24-hour [National Human Trafficking Hotline](#) at 1-888-373-7888 or report an emergency to law enforcement by calling 911. Trafficking victims, whether or not U.S. citizens, are eligible for services and immigration assistance.
3. Be a conscientious and informed consumer. Find out more about who may have picked your tomatoes or made your clothes at [ResponsibleSourcingTool.org](#), or check out the Department of [Labor's List of Goods Produced by Child Labor or Forced Labor](#). Encourage companies to take steps to prevent human trafficking in their supply chains and publish the information, including supplier or factory lists, for consumer awareness.
4. Volunteer and support anti-trafficking efforts [in your community](#).
5. Meet with and/or write to [your local, state, and federal elected officials](#) to let them know you care about combating human trafficking and ask what they are doing to address it.
6. Be well-informed. Set up a web alert to receive current human trafficking news. Also, check out [CNN's Freedom Project](#) for more stories on the different forms of human trafficking around the world.
7. Host an awareness-raising event to watch and discuss films about human trafficking.
8. Organize a fundraiser and donate the proceeds to [an anti-trafficking organization](#).
9. Encourage your local schools or school district to include human trafficking in their curricula and to [develop protocols](#) for identifying and reporting a suspected case of human trafficking or responding to a potential victim.
10. Use your social media platforms to raise awareness about human trafficking, using the following hashtags: #endtrafficking, #freedomfirst.

More ideas can be found here <https://www.state.gov/20-ways-you-can-help-fight-human-trafficking/> )

**Helpful Resources & Organizations**

- NJ Coalition Against Human Trafficking <https://www.safernj.org/about-us>
- Because Organization (based in Media, PA) <https://www.becauseorganization.org/>
- Love Justice International <https://www.lovejustice.ngo/>
- International Justice Mission <https://www.ijm.org/>